

Darling Downs Hospital and Health Service


Parkinson's Disease

A Community Multidisciplinary Approach

DDHHS Community Care
Allied Health Service

September 2015


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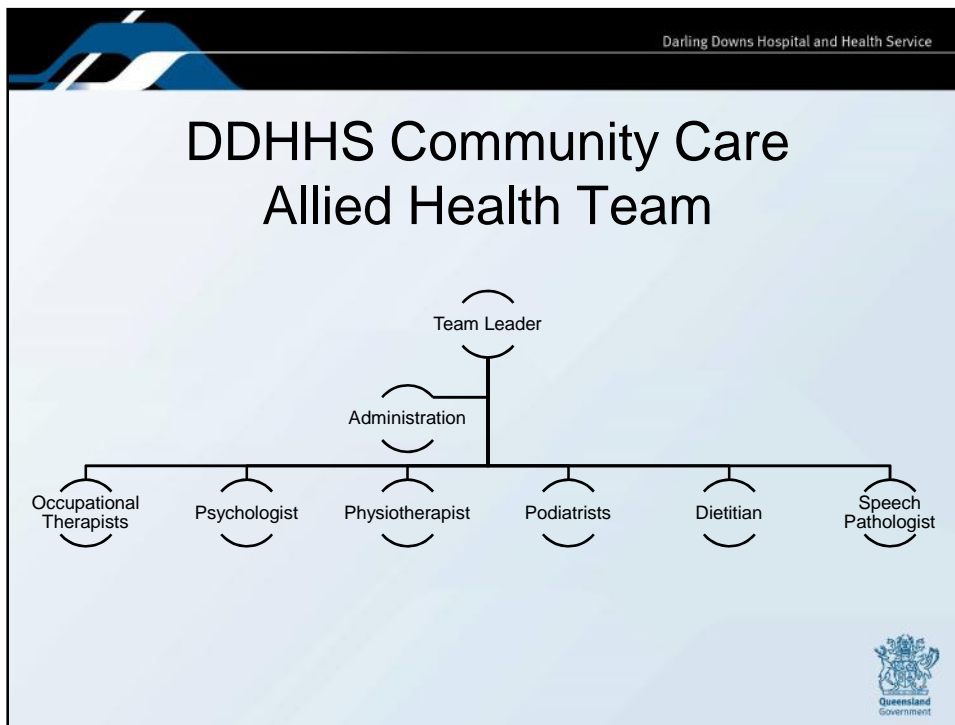


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Aims of presentation

- Increase awareness of the role of our MDT within the community setting
- Demonstrate Interdisciplinary team work using Parkinson's as a case example
- Acknowledge barriers that comes with service provision within the community




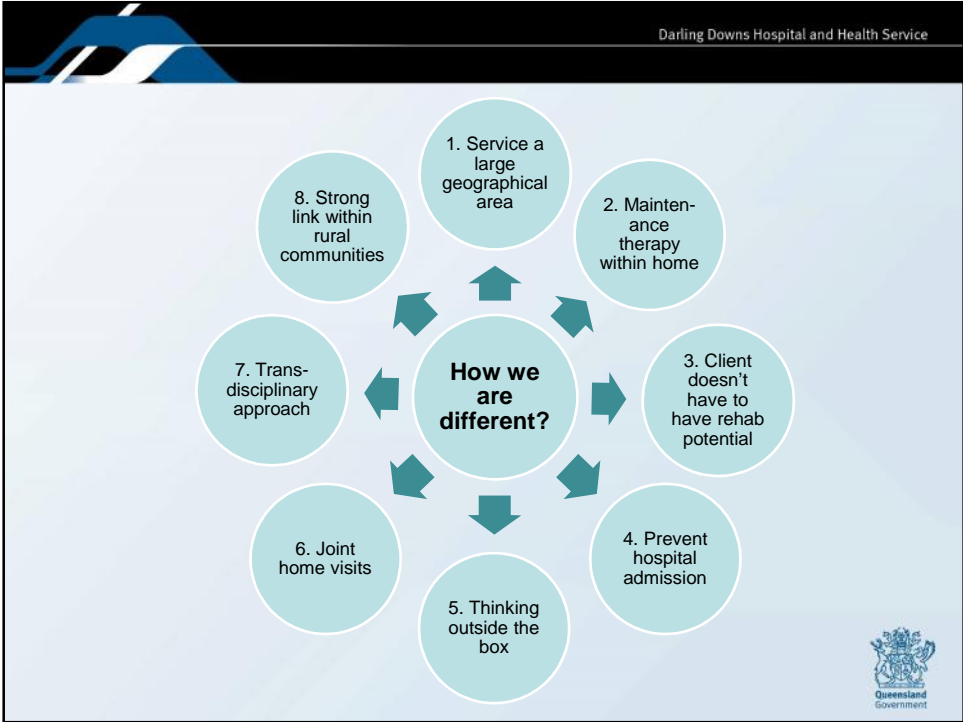
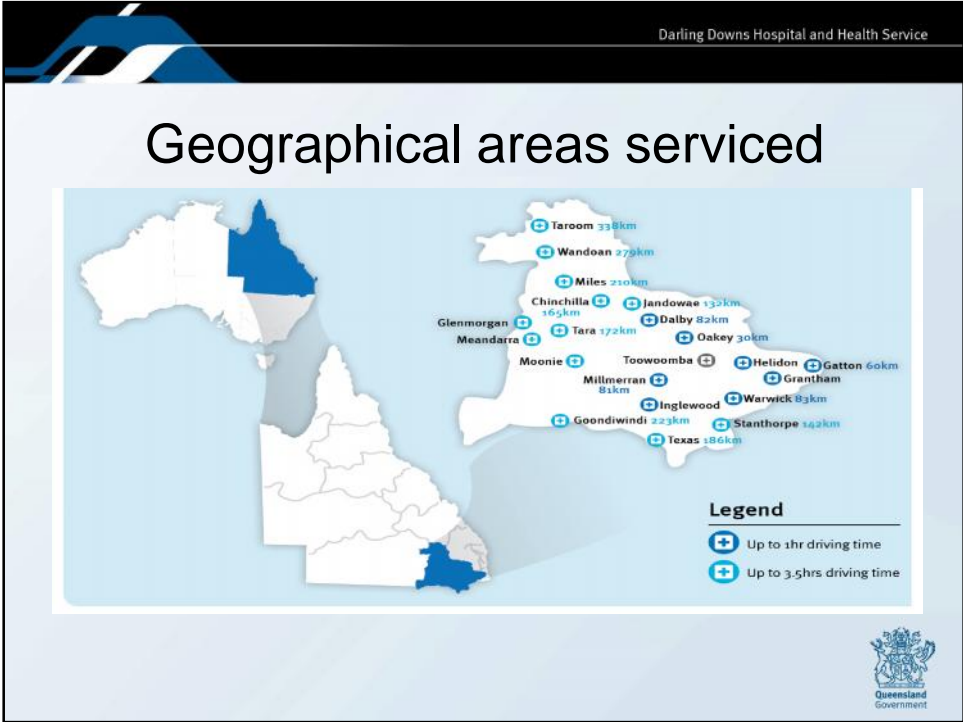


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Who are we...

- DDHHS Community Care Allied Health team
- Inter-disciplinary team approach
- Specialist therapy services
- Regional & rural home based service delivery
- Travelling service
- 'Hub & Spoke' model of service delivery
- Day trips within 1 hour of main hub
- Outreach service delivery incorporating satellite hubs


Queensland Government



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Benefits of community MDT approach

For the client & carer

- Increased access to services with an integrated approach
- Client directed therapy
- Home based service
- Decrease in fatigue, travel costs and stress
- Clients have a "go to" person
- Prompt & coordinated consultation
- Constant monitoring and screening thus increased compliance with therapy



For the Health Service

- Strong rapport with clients/significant others & other health care providers
- Keeping clients in their own home for a longer period of time
- Reduction of hospital admissions



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Parkinson's disease- A case example



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Parkinson's Disease



80,000 people in Australia are living with Parkinson's

30 people are diagnosed with Parkinson's in Australia every day

6.3 million people worldwide are affected by Parkinson's


Reference: <http://www.parkinsonswalk.com.au/>



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Parkinson's Disease symptoms


- **Motor**
 - Tremor
 - Bradykinesia
 - Muscle rigidity
 - Postural instability
- **Non-motor**
 - Insomnia
 - Fatigue
 - Pain
 - Swallowing difficulties
 - Slowed thinking
 - Memory/cognition
 - Continence issues
 - Weight loss

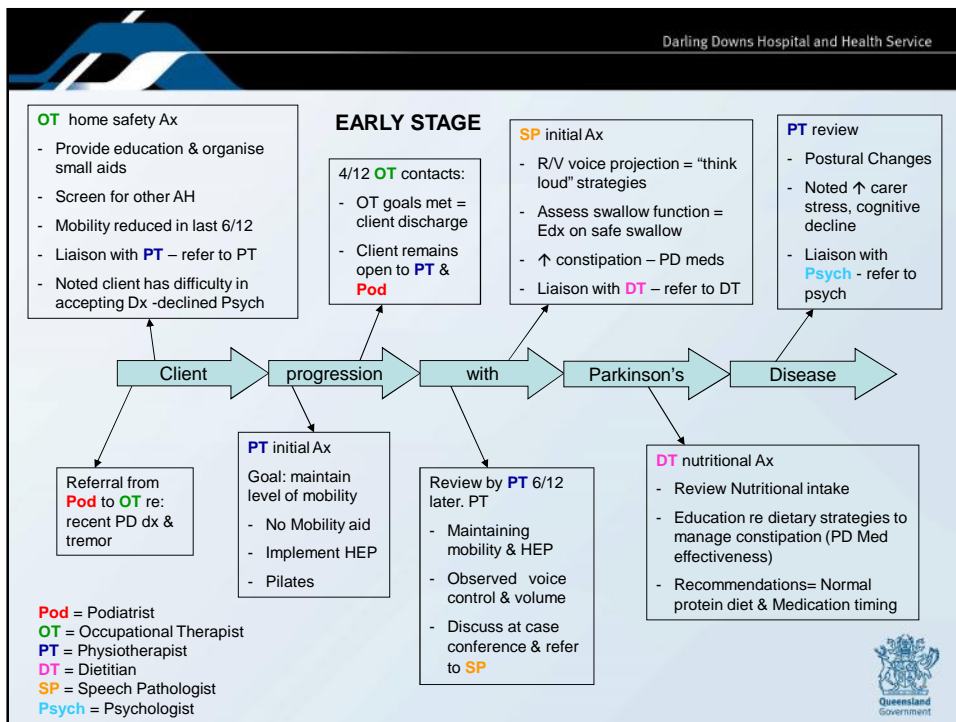


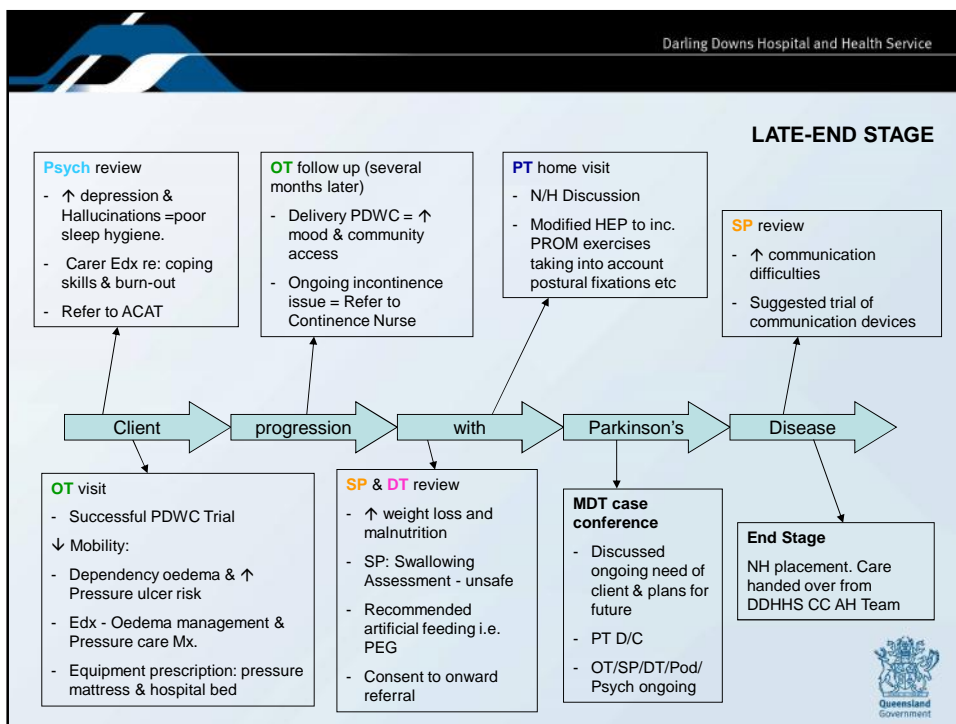
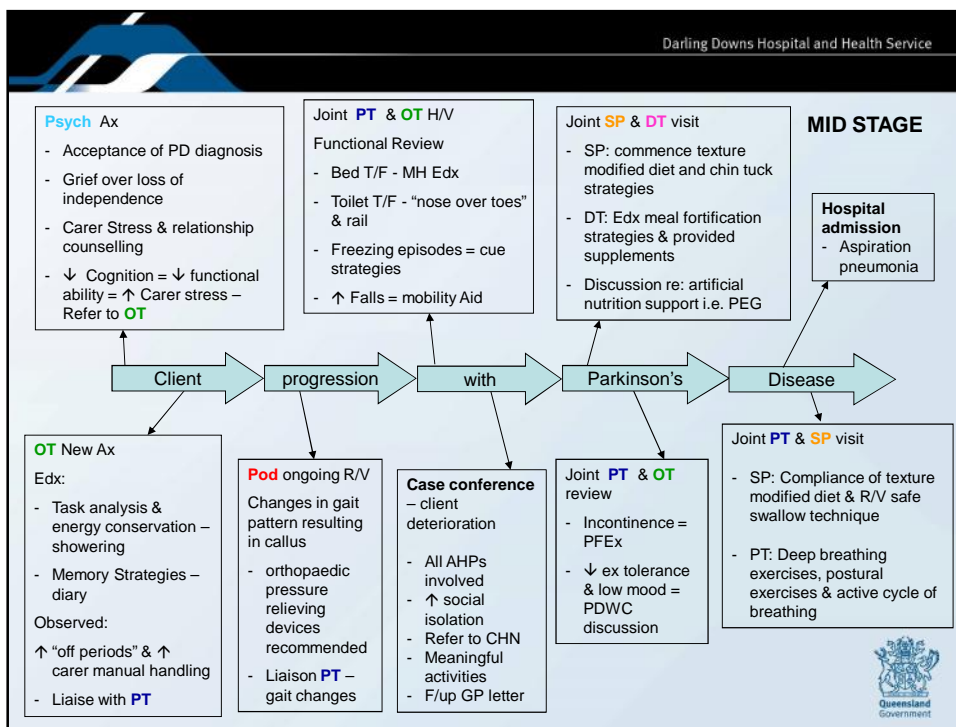
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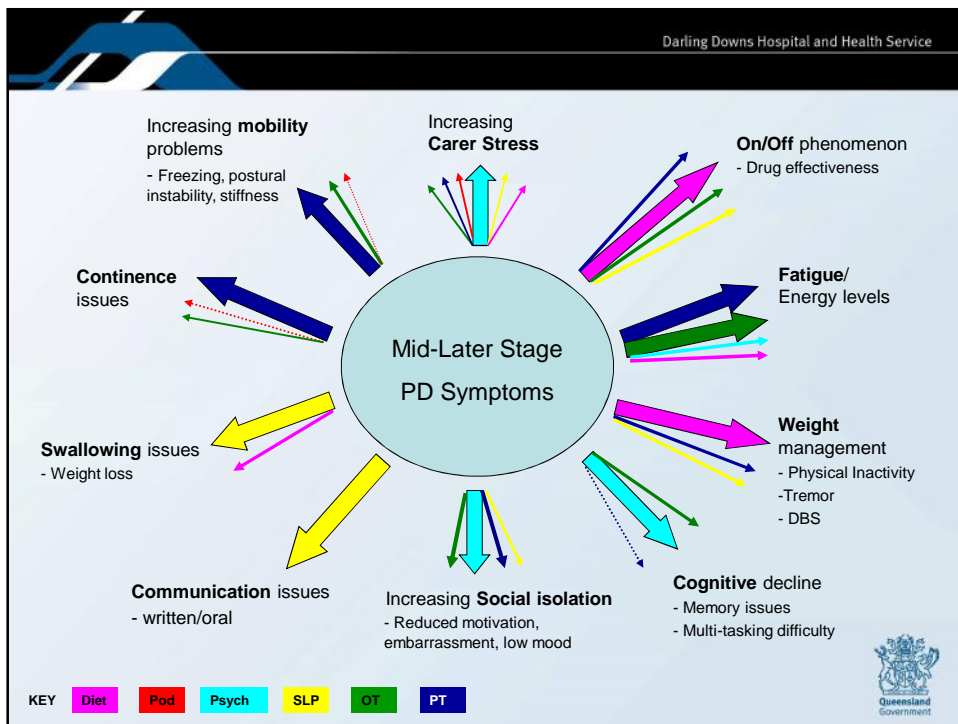
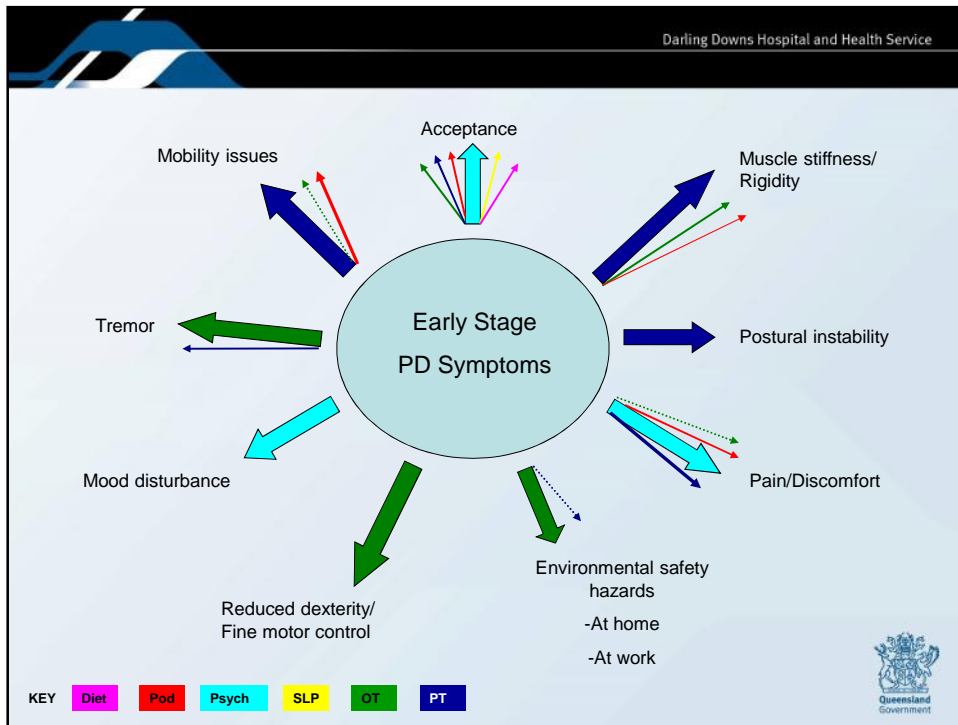
Parkinson's disease Case Study - hypothetical

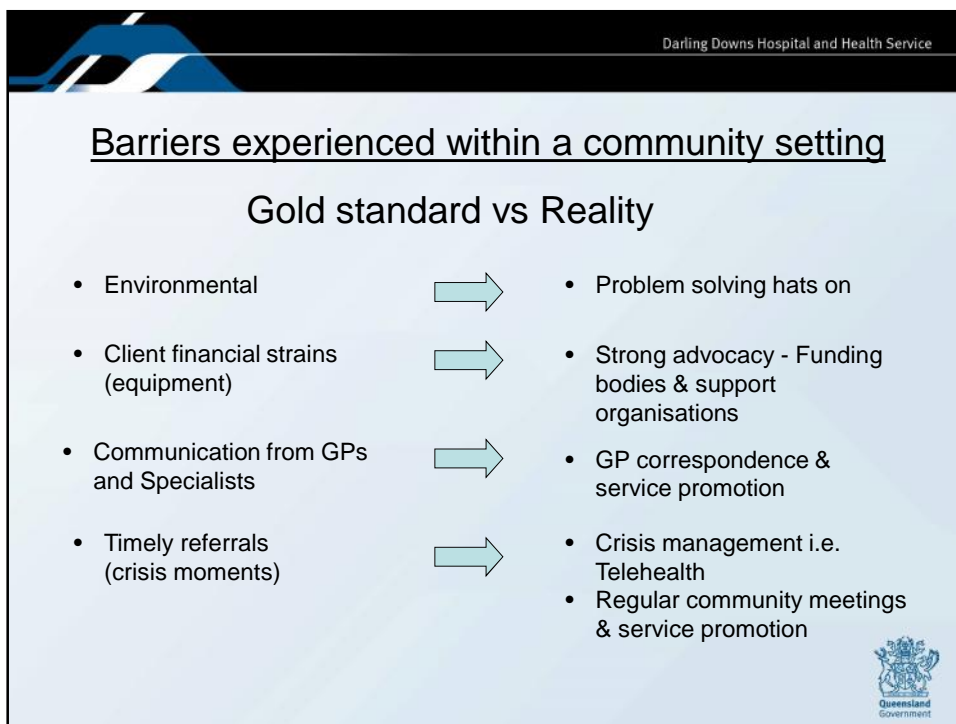
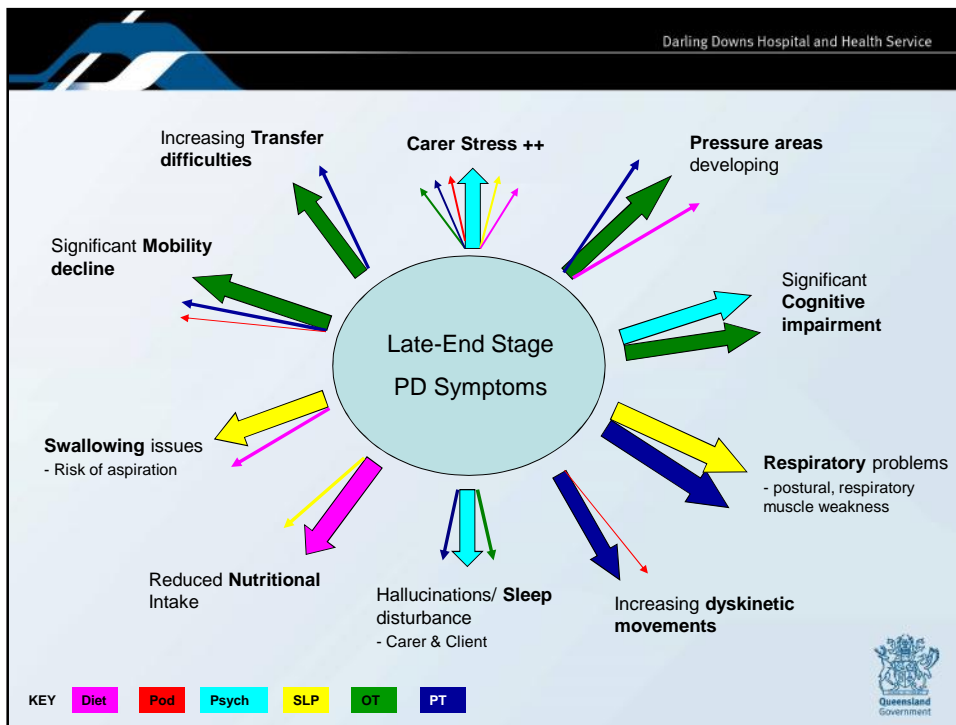
- **Mr Barnes - 67 yrs old**
- Social History:
 - Lives with wife
 - Rural property 2 hours outside Toowoomba
 - Receiving home care for domestic assistance
 - Wife has previous lower back injury
- Medical History & Medications:
 - Parkinson's disease (diagnosed 6months ago) – commenced on Madopar,
 - Type 2 Diabetes Mellitus
- Presenting condition:
 - Client attended DDHHS podiatry appointment – diabetic footcare
 - Tremor was observed
 - Client reported difficulty with dressing


 Queensland Government










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Summary

- DDHHS Community Care Allied Health Service can provide continuity of care for a range of client presentations
- Strong interdisciplinary approach
- Working in collaboration with other service providers to improve client outcomes



Final note:
Our door is always open – please feel free to consult us
Ph: (07) 4699 8970



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Thank you for your time

- Any Questions



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